

**ROSEACRE PRIMARY ACADEMY**



**Ethos Statement**

This policy reflects our academy's ethos and values, which recognises, celebrates and welcomes diversity. We believe that each and every one of us brings something valuable to our community. We aim to develop children's personal qualities and achievements and are committed to giving all of our children every opportunity to achieve the highest standards. This policy helps to ensure that this happens for all children in our academy, regardless of age, disability, religion, gender, sexual orientation, ethnicity, attainment or background.

**Rationale**

Sex and relationship education at Roseacre Academy will reflect the values of the PSHE and Citizenship programme. SRE will be taught in the context of relationships. In addition, SRE will promote self-esteem and emotional health and well-being and help our children form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

**Aims**

- We will provide our children with age appropriate information.
- We will explore attitudes and values with children about relationships, emotions, self-esteem and personal safety.
- We will develop skills in order to empower our children to make positive decisions about their health
- Our children will 'develop personal and social skills and a positive attitude to growing up'.
- We will explore attitudes and values

We aim to teach children about:

- the physical development of their bodies as they grow into adults;
- the way humans reproduce;
- respect for their own bodies and the importance of sexual activity as part of a committed, long-term, and loving relationship;
- the importance of family life;
- moral questions;
- relationship issues;

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- respect for the views of other people; sexual abuse, and what they should do if they are worried about any sexual matters

**School Values**

We will reinforce the school values of Excellence, Determination, Courage, Tolerance, Respect and Honesty through our Sexual and Relationships teaching, maximising opportunities to draw parallels and make links in learning.

**Objectives**

Our objective is to provide a graduated, age-appropriate SRE programme emphasising the social and emotional aspects of relationships.

Education about relationships **for 3-7 year olds** will focus on the building of self-esteem and confidence by encouraging learners to:

- respect, value and care for themselves and others,
- value, recognise and communicate their feelings,
- form positive friendships and relationships,
- respect boundaries – their own and other peoples.

SRE will teach **7-11 year olds** to understand:

- the range of their own and others' feelings and emotions,
- the importance of personal safety and what to do or to whom to go when feeling unsafe,
- to develop and use communication skills and assertiveness skills to cope with the influences of their peers and the social media,
- to be prepared for puberty and adulthood, including physical and emotional changes that take place at puberty, including conception, pregnancy and birth.
- raise our children's self-esteem and confidence

Sex and Relationship Education is delivered through science, RE, PSHE, citizenship, ICT, literacy activities, and 'circle time'. We aim to provide pupils with a consistent message.

SRE is taught by classroom teachers, teaching assistants and, if appropriate, outside visitors such as the school nurse. A range of teaching methods are used including use of video, discussion, looking at case studies, drama and role-play.

Sex and relationship education is usually delivered in mixed gender groups. However, there may be occasions where single gender groups are more appropriate and relevant

**Parental Consultation**

It is our aim to build positive and supporting relationship with the parents and carers of children at our school, through mutual understanding, trust and cooperation. Inform parents and carers about the school's sex education policy and practice and:

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- answer any questions that parents or carers may have about the sex education of their child;
- take seriously any issue that parents or carers raise with teachers or governors about this policy, or about the arrangements for sex education in the school;

The Sex and Relationship Education policy is shared on the school website and full detail are available on request. The school informs parents when aspects of the sex and relationship programme are taught and we hold a Sex and Relationships Information Evening for parents prior to teaching in Years 5 and 6 this ensures parents/carers are able to make an informed decision.

Parents have the right to withdraw their children from those aspects of sex and relationship education. However this rarely happens, by working in partnership with parents they recognise the importance of this aspect of their child's education.

#### **Safeguarding / Confidentiality**

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

- The staff member will inform the Head Teacher /Designated Child Protection person in line with the LEA procedures for child protection.
- A member of staff cannot promise confidentiality if concerns exist.

#### **Success Criteria**

Positive feedback from the whole school community about the effectiveness of SRE  
Lesson observations which support good-outstanding learning

The EMC committee of the governing body will monitor the policy to check that it clearly articulates the values and ethos of the school. The ECM Committee gives serious consideration to any comments from parents/carers about the sex education programme. Governors require the head teacher to keep a written record, giving details of the content and delivery of our sex education programme. Our Sex and Relationships Governor is Mrs Lesley McConnell.

The efficacy of the Sex and Relationship Policy will be evaluated through a range of methods for expression – written, art and illustration, discussion, drama, conscience walks, group work, individual, whole class and peer work:

Children in KS1 should be able to express opinions about and demonstrate the value of:

- caring for themselves and others,
- communicating their feelings,
- forming positive friendships and relationships,
- respect boundaries – their own and other peoples.

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Children in KS2 should be able to express and share opinions about and demonstrate understanding of:

- the range of their own and others' feelings and emotions,
- the importance of personal safety and what to do or to whom to go when feeling unsafe,
- communication skills and assertiveness skills to cope with the influences of their peers and the social media,
- puberty and adulthood, including physical and emotional changes that take place at puberty, including conception, pregnancy and birth.
- Techniques for raising self-esteem and confidence

This policy will be kept electronically on the 'Shared Drive'. A paper master copy will be held by the Headteacher. Parents will be informed of the policy on occasional newsletters and on the school web site.

This policy will be reviewed in Summer term 2018

Signed: *Mrs K Brown*

Curriculum Manager

Date adopted: June 2015