

ROSEACRE PRIMARY ACADEMY



Ethos Statement

This policy reflects our academy's ethos, which recognises, celebrates and welcomes diversity. We believe that each and every one of us brings something valuable to our community. We aim to develop children's personal qualities and achievements and are committed to giving all of our children every opportunity to achieve the highest standards. This policy helps to ensure that this happens for all children in our academy, regardless of age, disability, religion, gender, sexual orientation, ethnicity, attainment or background.

Rationale

At Roseacre Primary Academy we believe physical education not only improves health, reduces stress and improves concentration but also promotes correct physical growth and development. Exercise has a positive influence on academic achievement, emotional stability and interaction with others, therefore both teachers and children should be aware of its importance.

At Roseacre Primary Academy each child receives 2 hours of Physical education per week and each child is offered an extra 3 hours of physical activity through attending before and after school sports clubs which are free to attend.

Aims:

- To deliver a broad, balanced and differentiated physical education programme, that is progressive building upon knowledge, skills and understanding.
- Promote physical activity, physical development and a healthy life style throughout school.
- Provide equal opportunities for all children regardless of race, gender, background or ability and to provide a P.E. programme for children with special needs.
- Ensure all children achieve their full potential.
- Through physical education we aim to improve pupil's fitness, knowledge of sport and skill level.
- Create pathways to local sports clubs so children have access to clubs outside of school.

Objectives:

ROSEACRE PRIMARY ACADEMY

- To provide a wide range of before and after school hours P.E. clubs.
- Develop in children positive attitudes towards sport and the ability to compete with a sense of fair play.
- Develop the range of skills and actions.
- Enable children to understand the effect exercise has on their body.

Expectations of staff

Staff are expected to wear appropriate clothing and footwear for P.E. and to follow the scheme of work provided. In addition, staff are expected to return all PE equipment used back to the correct PE storage location.

Time Allocation

Each class in key stages 1 and 2 will participate in at least 2 hours of high quality P.E. each week. (Year 4 attend swimming as part of their 2 hour provision) All children in EYFS have access to continuous outdoor provision facilities.

Scheme of work and staff training

The Lancashire scheme of work is the scheme used across the school. This scheme of work is available to all staff on the shared files. Staff are expected to follow the scheme of work and assess the children using the assessment tools provided. Mr Adderley and Mrs Conuel will train all staff on the use of the scheme of work and assessment tools via staff training sessions and as required on an individual basis.

Extra curriculum

Each child in Key Stage 2 is given the option of attending 3 hours per week of free before and after school sports clubs every week.

Health and Safety

Reception, KS1 and KS2

In the interests of safety and hygiene, teachers must insist on children changing into their kit for PE lessons.

Games and Athletics - School PE kit for indoor lessons in the halls (track-suit bottoms and sweatshirts should only be necessary in the playground on a cold day).

ROSEACRE PRIMARY ACADEMY

Properly fitting trainers or pumps.

Dance and Gymnastics – School PE kit but bare feet or pumps.

Swimming – See policy on website.

Outdoor Activities - Generally the same as games, but otherwise clothing appropriate to the activity.

General Points

All jewellery must be removed. Teachers will not take responsibility for looking after jewellery. Children will also need to provide their own plasters and be responsible for putting them on if earrings cannot be removed as staff are not allowed to do this.

Children should bring a note if they are unable to participate through illness or injury. Staff should be vigilant and if a pattern of non-participation is established, a phone call home should be made. **Children not going swimming through illness or injury should stay at school with another class.** In all other PE lessons children not participating should remain with their class, helping in the lesson or doing PE related work.

Monitoring and review

The coordination and planning of the PE curriculum are the responsibility of the subject leaders, who also support colleagues in their teaching, by keeping informed about current developments in PE and provides a strategic lead and direction for this subject. They will also give the head teacher an annual summary report in which they evaluates the strengths and weaknesses in PE and indicate areas for further improvement.

This policy will be kept electronically on the 'Shared Drive'. The Headteacher will hold a paper master copy. Parents will be informed of the policy on occasional newsletters and on the school web site.

This policy will be reviewed in autumn term 2018

Signed: *R Adderely & A Conuel* Staff name and role

Date adopted: February 2016